



WEEKLY MENU

MARCH 20, 2023

INDIVIDUAL

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|--|-------|
| Beef Slider | \$4.5 |
| Turkey Slider | \$4.5 |
| Beef Burger | \$10 |
| **Add Cheese + \$1 | |
| Turkey Burger | \$10 |
| Turkey Chili GF, V (1/2 Litre) | \$8.5 |
| Vegetarian Chili GF, V (1/2 Litre) | \$8.5 |
| JJ's Tomato Sauce GF, V (1/2 Litre) | \$5.5 |
| Soup of the week (1 Litre) | \$10 |
| <i>(Country Tomato)</i> | |

MAIN DISHES

SERVES 2PPL

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|-----------------------------------|------|
| Pasta Primavera V | \$19 |
| Garden Lasagna | \$19 |
| Beef & Veal Lasagna | \$20 |
| Eggplant Parmesan GF, V | \$19 |
| Chicken Parmesan GF | \$21 |
| Beef Shepherds Pie | \$18 |
| Chicken Brochette GF | \$20 |
| Honey Garlic Chicken GF | \$20 |
| Chicken Stir Fry | \$21 |
| Szechuan Chicken & Broccoli | \$21 |
| Teriyaki Salmon | \$27 |
| Lemon & Rosemary Salmon GF | \$27 |
| Fettucine Shrimp Parmesan | \$27 |

All proteins can be substituted for tofu

WEEKLY SPECIAL

- EVERYTHING BAGEL CHICKEN SCHNITZEL
- STEAMED CAULIFLOWER & BROCCOLI
- ROASTED POTATOES
- HOMEMADE GRAVY

Full Portion (4 people) \$79

Hall Portion (2 people) \$42

SIDE DISHES

SERVES 2PPL

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|--|------|
| Grilled Seasonal Vegetables GF, V | \$10 |
| Steamed Seasonal Vegetables GF, V | \$10 |
| Vegetable Stir-Fry V | \$11 |
| White or Brown Rice GF, V | \$7 |
| Vegetable Fried Rice V | \$11 |
| Vegetable Spring rolls V | \$9 |
| Vegetable Potstickers V | \$9 |
| Roasted Potatoes GF, V | \$10 |
| Sweet Potato Wedges GF, V | \$11 |
| Garden Salad GF, V | \$10 |
| Caesar Salad V | \$11 |

KID KORNER

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|--|-----|
| Penne or spaghetti w/Tom. Sauce V | \$6 |
| Mini Cheeseburger | \$5 |
| Mac N Cheese V | \$6 |

When your weekly order exceeds \$100, get 1 **FREE** salad (Garden or Caesar)