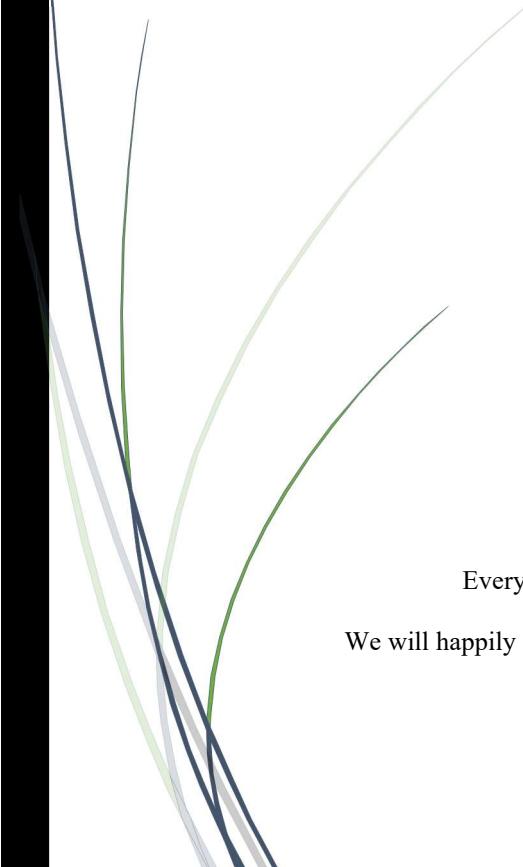




JJ's CATERING MENU



JJ's Salades
5847 Ch. Côte des Neiges
Montreal, Quebec
H3S 1Z2
514-733-7000
www.jjssalades.com
catering@jjssalades.com

A decorative graphic on the left side of the page consists of several thin, curved lines in shades of green and blue, resembling grass or reeds.

Everything at JJ's Salades Etc is made in house or sourced from the finest of suppliers.
We will consider all custom dining ideas and requests
We will happily acknowledge all dietary and allergy restrictions. Please advise us of any in your party/group
Prices subject to change without prior written notice
Delivery available - Delivery fees will apply

JJ's SIGNATURE SALADS

(Serves 12 persons)

FIDDLERS GREEN	42
Romaine, Spring Mix, Cherry Tomatoes, Celery, Cucumber, Carrots, Endives & Pita Chips Red Wine Vinaigrette	
CAESAR	44
Romaine, Kale, Cucumber, Crispy Onions, Parmesan & House Croutons Caesar Vinaigrette	
BROOKLYN CHOP	44
Romaine, Cauliflower, Hearts of Palm, Radish, Beets, Chickpeas, Broccoli & Pita Chips Red Wine Vinaigrette	
YALLA	44
Spring Mix, Quinoa, Cherry Tomatoes, Cucumbers, Red Peppers, Grapes & Crunchy Chickpeas Sumac Vinaigrette	
KYOTO	49
Spring Mix, Napa Cabbage, Purple Cabbage, Edamame, Cherry Tomatoes, Avocado, Green Onions & Crunchy Noodles Miso Sesame Vinaigrette	
SHANGHAI	49
Romaine, Brown Rice, Broccoli, Carrots, Cucumber, Mandarin, Avocado & Sesame Seeds Tamari Vinaigrette	
HERCULES	49
Spring Mix, Kale, Brown Rice, Cherry Tomatoes, Broccoli, Avocado, Feta & Pumpkin Seeds Apple Vinaigrette	
KENNY KOBBS	49
Romaine, Spring Mix, Cherry Tomatoes, Green Onions, Bacon, Hard Boiled Egg & Pita Chips Balsamic Vinaigrette	
GREEK	50
Romaine, Cherry Tomatoes, Red Onions, Cucumbers, Black Olives & Feta Sumac Vinaigrette	
JUANA-LISA	50
Romaine, Black Beans, Corn, Cherry Tomatoes, Pickled Red Onions, Avocado, Feta & Tortilla Serrano Vinaigrette	

CANOPE

Mini Vegetable skewers	2
Mini Bruschetta with toast bites	2.15
Vegetable potstickers w/peanut sauce (2) - <i>NEW</i>	2.15
Mini Grilled Tofu skewers	2.25
Avocado Toast w/LF cream cheese & cucumber	3
Roasted Eggplant & Red Pepper w/maple miso glaze	3
Tomato, Basil & Bocconcini skewers w/balsamic red	3
Vegetable Spring rolls (2)	3
Polenta diamonds w/herbed ricotta & mushroom	3.25
Mushroom caps stuffed w/herbed ricotta	3.25
Mini Chicken skewers	3.5
Mini "Wilensky" specials	3.75
Mini Beef/Turkey/Mushroom sliders w/caramelized onions	3.75
Mini Szechuan chicken & Broccoli skewers	4
Mini General Tao skewers - <i>NEW</i>	4
Mini Shrimp skewers w/cocktail sauce - <i>NEW</i>	4.5
Salmon Tartare w/tortilla (available w/service only)	4.75

**Minimum order of 12 pieces
Price per piece

PARTY SANDWICH PLATTER

Consisting of: Egg Salad
Tuna Salad
Homemade Salmon Gravlax & CC
Egg Salad & Tuna Salad doubles

50pcs = 13 of each + 11 doubles	40
100pcs = 26 of each + 22 doubles	75

FUN FOODS

Grilled Cheese	4.5
Mac N Cheese	4.5
Bacon Mac N Cheese	5.5

**Minimum order of 6 persons
Price per person

SANDWICH/WRAP PLATTERS

Choice of:
Tuna
Egg Salad
ALT – Avocado, Lettuce, Tomato
Chicken breast
Turkey
Roasted Vegetables
Smoked Meat
Salami
Brie & Apple
Club – Chicken & Bacon
Ham & Cheese
7.75
Wraps: Spinach, Red Pepper
Breads: Multigrain Ciabatta, Rye, Pumpernickel
*Gluten Free available on request

Price per person

HOMEMADE SALMON GRAVLAX & BAGEL PLATTER

Our *house cured* salmon Gravlax with cream cheese on St-Viateur sesame bagels served with tomatoes and red onions or pickled red onions. 8.5

*Deconstructed available on request
Price per person

LUNCH BOXES

1: Choice of sandwich or wrap w/side salad (lettuce, tomato & cucumbers), choice of dressing and bottle of water or soft drink 12.5
2: Choice of sandwich or wrap w/side salad (lettuce, tomato & cucumbers), choice of dressing and spinach brownie or homemade granola 13.5

HOT MAINS

**Minimum order of 6 persons

EAST ASIAN

Tofu Pad Thai	10
Thai Style Chicken	10
Chicken or Tofu Chow Mein	10
Chicken Pad Thai	10
General Tao Chicken	10
Kung Pao Chicken	10
Szechuan Chicken & Broccoli	10
Teriyaki Chicken	10
Lemon Chicken	10
Peanut Butter Chicken or Tofu w/crispy spinach	10
Korean Beef	11.5
Braised Hoisin Ribs	12
Teriyaki Salmon	12.5
Miso White Fish	10.25

Price per person

EAST INDIAN

Coconut Butter Chicken	10
Tikka Masala Chicken	10

Price per person

MEDITERRANEAN

Chicken Brochettes (deconstructed)	10
Shish Taouk Chicken	10.5
Sumac Crusted White Fish	10.25
Shakshukkah w/White Fish	11
Mixed Grill – Beef Kefta & Chicken Shwarma	16.5

*Accompanied w/hummus tahini, Israeli salad, Eggplant salad & Pita

Price per person

ITALIAN

Garden Lasagna	9
Pasta Primavera	9
Eggplant Parmesan	9
Meat Lasagna	9.5
Meatball Parmesan	9.75
Chicken Parmesan	10
Pesto & Herb Chicken Ziti	10
Red Ricotta stuffed Chicken Breast	10.5

Price per person

PAN-AMERICAN

Vegetarian Chili	7.5
Meat Chili	8.5
Shepherd's Pie	9
Tofu & Rice stuffed bell pepper	9
Chicken Fajitas	10.5
Beef & Rice stuffed bell pepper	10.5
Fish Tacos	11
Chicken Wings (Carolina Heat or Honey BBQ)	

25 Wings: 43 / 50 Wings: 75

Price per person (except wings)

JJ'S SPECIALTIES

Honey Garlic Roast Chicken Breast	10	Garden Quiche	14
Jerk Chicken	10	Quiche Lorraine -Spinach + Bacon	14
Spinach & Herb Chicken Roll Ups	10	Quiche Spinach + Tomato	14
Bacon & Brie stuffed Chicken Breast	10.5		
Grilled Shrimp w/Lemon Garlic glaze	12.5		
Chicken Breast w/Mushroom & Asparagus in a white Sauce	11.5		
Lemon & Rosemary Salmon	12.5		
Roasted Pork Loin	13		
Seared Duck Breast w/red Wine Sauce	16		

Price per person

Quiches serves 4-6 people

APPETIZERS & SIDES

Crudité w/House dip	3.25
Grilled Vegetables	3.75
Vegetable Stir-Fry	3.75
Roasted Garlic Potatoes	3.85
Garlic Mashed Potatoes	3.85
Roasted Seasoned Sweet Potatoes	4
Chips n Dips*	3.85
Chips n Guacamole	4.25
Nachos (ready to bake)	4.25
Confit Potato Wedges	4.5
Assorted Cheese Platter	5.25
Roast Zucchini, Cherry Tomatoes & Asparagus Tips w/Lemon Basil	5.25
Quinoa Salad Blend	4
Brown Rice Blend	4
Pearl Couscous	4.5
Broccoli & Cauliflower w/Cranberries, Walnuts, & Fresh Herbs	4.65
Papaya & Carrot Slaw	4.5
Roasted Tomatoes w/Basil	4.5
Pear, Radish, Cabbage, Apple & Parsley Slaw	5
Avocado Salad w/Corn, Red Onions & Cherry Tomatoes	5.5
Watermelon, Feta & Mint Salad	5.5

*Dips: Hummus, Roasted Red Pepper, Eggplant Salad & Beet Mutabal

**Minimum order of 6 persons

Price per person

SOUPS (Seasonal)

Butternut Squash	
Broccoli Leek	
Mushroom	
Thai Coconut	
Cauliflower Red Pepper	
Corn	
Onion	
Country Tomato	
Vegetable	
	4.25/person
	10/Liter

*All JJ's soups are vegan, gluten free & dairy free

**Soups must be ordered a minimum of 48 hours in advance

DESSERTS

**Minimum order of 6 persons

FRUIT

Fruit Platter	4.25
Fruit Salad	4.5
Fruit Skewers	4.5

Price per person

Chocolate Covered Strawberries	2.5
--------------------------------	-----

Price per strawberry

SWEET BITES PLATTER

JJ's Signature Spinach Brownies	
Homemade Granola bites	
	20 bites 22
	40 bites 39

DECADENT

Chocolatines, Croissants, Danishes, Muffins	2
Classic Brownie	2.75
JJ's Signature Spinach Brownie	3
Chocolate Mousse w/Fleur de sel	4.5
Fruit Compote Crumbler w/Granola	4.5
Mini Chocolate Crepe roll ups	4.5
Yogurt Parfaits w/Fruit compote & Granola	4.5
Tiramisu	5
Angel Food Chantilly Strawberry Trifle	5
Chocolate truffles w/Seasonal Berries	5

Price per person/each

FAN FAVORITES

JJ's SIGNATURE SALADS

CAESAR	44
KYOTO	49
JUANA-LISA	50

Serves 12 persons

CANOPE

Tomato, Basil & Bocconcini skewers w/balsamic red	3
Mushroom caps stuffed w/herbed ricotta	3.25
Mini "Wilensky" specials	3.75
Mini Beef sliders w/caramelized onions	3.75

Price per piece

HOMEMADE SALMON GRAVLAX & BAGEL PLATTER

Our *house cured* salmon Gravlax with cream cheese on St-Viateur sesame bagels served with tomatoes and red onions or pickled red onions. 8.5

*Deconstructed available on request
Price per person

SANDWICH/WRAP PLATTERS

Choice of:

- Tuna
 - Egg Salad
 - ALT – Avocado, Lettuce, Tomato
 - Chicken breast
 - Turkey
 - Roasted Vegetables
 - Smoked Meat
 - Salami
 - Brie & Apple
 - Club – Chicken & Bacon
 - Ham & Cheese
- 7.75

Wraps: Spinach, Red Pepper

Breads: Multigrain Ciabatta, Rye, Pumpernickel

*Gluten Free available on request

Price per person

HOT MAINS

East Asian

Chicken Pad Thai	10
General Tao Chicken	10
Szechuan Chicken & Broccoli	10
Braised Beef Adobo	12
Teriyaki Salmon	12.5

Italian

Eggplant Parmesan	9
Meat Lasagna	9.5

East Indian

Coconut Butter Chicken	10
------------------------	----

Mediterranean

Shish Taouk Chicken	10.5
Mixed Grill – Beef Kefta & Chicken Shwarma	16.5

*Accompanied w/hummus tahini, Israeli salad,, Eggplant salad & Pita

Pan-American

Meat Chili	8.5
Chicken Wings (Carolina Heat or Honey BBQ)	
25 Wings: 43 / 50 Wings: 75	

JJ's Specialties

Spinach & Herb Chicken Roll Ups	10
Lemon & Rosemary Salmon	12.5
Seared Duck Breast w/red Wine Sauce	16

Price per person

APPETIZERS & SIDES

Grilled Vegetables	3.75
Roasted Garlic Potatoes	3.85
Confit Potato Wedges	4.5
Assorted Cheese Platter	5.25
Quinoa Salad Blend	4
Brown Rice Blend	4

Price per person

DESSERTS

Fruit Platter	4.25
JJ's Signature Spinach Brownie	3
Chocolate Mousse w/Fleur de sel	4.5
Sweet Bite Platter (20 bites/40 bites)	22/39

Price per person