

November 21, 2022



meal masters

www.jjssalades.com /info@jjssalades.com

À La Carte

À la carte items serve **2 people**

Beef Shepherds Pie	\$18
Eggplant Parmesan GF, V	\$19
Chicken Parmesan GF	\$21
Garden Lasagna V	\$19
Beef & Veal Lasagna	\$20
Cheese Tortellini w/Rosée sauce	\$18
Honey Garlic Chicken GF	\$20
Szechuan Chicken & Broccoli	\$21
Teriyaki Salmon	\$25
Honey Dijon Salmon GF	\$25
Soup of the week (1 Litre) - Carrot Ginger GF, V	\$10

Individual

Beef Slider	\$4.25
Turkey Slider	\$4.25
Turkey Chili (1/2 Litre) GF	\$8
Vegetable Chili (1/2 Litre) GF, V	\$8
JJ's Tomato Sauce (1/2 Litre) GF, V	\$5.50

All proteins can be substituted for tofu

Ordering

- Email info@jjssalades.com with order(s)
- Indicate which delivery day with which meal(s)
- Indicate quantity per dish (* ALC & Sides are minimum 2 people)
- Provide contact number - we will text once delivered

When your weekly order exceeds \$100, get 1 FREE salad (Garden or Caesar)

Weekly special

Wing Week

Chicken Wings
 (Honey BBQ or Thai Sweet Heat)*
 Parmesan Fries
 Brussel Sprouts w/Bacon
 Crudité w/Ranch

***Please specify**

Full portion (4 people): \$78
 Half portion (2 people): \$42

Add 6 extra wings for only \$10

Sides

Sides serve **2 people**

Grilled or Steamed Vegetables GF, V	\$10
Vegetable Spring Rolls V	\$9
Peanut Butter Vegetable Dumplings V	\$9
Roasted Potatoes GF, V	\$10
Sweet Potato Wedges GF, V	\$11
White Rice GF, V	\$7
Vegetable Fried Rice	\$11
Garden Salad GF, V	\$9
Caesar Salad	\$10

Kid Korner

Penne or Spaghetti w/Tomato Sauce V	\$6
Grilled Cheese V	\$5
Mini Cheeseburger	\$5

Notes

- All orders must be placed by Sunday at midnight
- Delivery days are **Tuesdays & Thursdays**
- \$5 delivery charge/week (regardless of 1 or 2 deliveries)
- All meals are fridge friendly 3-4 days/freezer friendly 1 month
- Please advise us of any allergies &/or dietary restrictions