



WEEKLY MENU

MARCH 27, 2023

INDIVIDUAL

Beef Slider	\$4.5
Turkey Slider	\$4.5
Beef Burger	\$10
**Add Cheese + \$1	
Turkey Burger	\$10
Turkey Chili GF, V (1/2 Litre)	\$8.5
Vegetarian Chili GF, V (1/2 Litre)	\$8.5
JJ's Tomato Sauce GF, V (1/2 Litre)	\$5.5
Soup of the week (1 Litre)	\$10
<i>(Broccoli Leek)</i>	

MAIN DISHES

SERVES 2PPL

Pasta Primavera V	\$19
Garden Lasagna	\$19
Beef & Veal Lasagna	\$20
Eggplant Parmesan GF, V	\$19
Chicken Parmesan GF	\$21
Beef Shepherds Pie	\$18
Chicken Brochette GF	\$20
Honey Garlic Chicken GF	\$20
Chicken Stir Fry	\$21
Szechuan Chicken & Broccoli	\$21
Teriyaki Salmon	\$27
Lemon & Rosemary Salmon GF	\$27
Fettucine Shrimp Parmesan	\$27

All proteins can be substituted for tofu

WEEKLY SPECIAL

- CHICKEN WINGS - HONEY BBQ
- PARMESAN FRIES
- BRUSSEL SPROUTS W/BACON
- CARROTS & CELERY W/RANCH

Full Portion (4 people) \$78

Hall Portion (2 people) \$42

Add 6 extra wings for only \$9

SIDE DISHES

SERVES 2PPL

Grilled Seasonal Vegetables GF, V	\$10
Steamed Seasonal Vegetables GF, V	\$10
Vegetable Stir-Fry V	\$11
White or Brown Rice GF, V	\$7
Vegetable Fried Rice V	\$11
Vegetable Spring rolls V	\$9
Vegetable Potstickers V	\$9
Roasted Potatoes GF, V	\$10
Sweet Potato Wedges GF, V	\$11
Garden Salad GF, V	\$10
Caesar Salad V	\$11

KID KORNER

Penne or spaghetti w/Tom. Sauce V	\$6
Mini Cheeseburger	\$5
Mac N Cheese V	\$6

When your weekly order exceeds \$100,
get 1 **FREE** salad (Garden or Caesar)