



MONDAY

TUESDAY

Pesto & Herb Chicken Ziti

Grilled chicken, homemade pesto, ziti, herbs


Chicken in Black Bean Sauce

Grilled chicken, bell peppers, onions, homemade black bean sauce

Poached Salmon w/Dill

Butter Poached salmon, dill butter **GF**

À La Carte Menu with available sides



WEEK OF
MAY 16, 2022

WEDNESDAY

THURSDAY

FRIDAY

Shish Taouk Chicken

Marinated chicken, garlic sauce & pita **GF* (Except pita)**

Teriyaki Eggplant

Eggplant, teriyaki sauce **V**

Salt & Pepper Shrimp

Battered shrimp, salt, pepper

Bacon Mac n Cheese

Macaroni, whole milk, butter, cheddar, gouda, mozzarella, bacon

Bacon Cheeseburgers

5oz ground lean beef, cheddar, bacon, bun

Veggie Burger

Quinoa & chick pea patty, served on bun with tomato, onion & pickle (on side) **GF* (except bun) V**

Chicken Schnitzel

Battered butterflied chicken breast, homemade bread crumbs

Kung Pao Chicken

Stir fry chicken, bell peppers, cashews, sweet and sour sauce **GF**

Miso White fish

Baked white fish, miso glaze

GF = Gluten Free

V = Vegetarian

Weekly Sides

Vegetable Spring Rolls -Sweet chili sauce **V**
 Vegetable Potstickers (6/p) - JJ's soy sesame sauce **V**
 Peanut Butter Dumplings (5/p) - JJ's PB sauce **V**
 Sweet Potato Wedges **GF, V**
 Roasted Garlic Potatoes **GF, V**
 Polenta Fries w/Marinara sauce **GF, V**
 White or Brown Rice **GF, V**
 Vegetable Fried Rice **V**

Roasted Root Vegetables **GF, V**
 Roasted Cauliflower & Broccoli **GF, V**
 Honey Glazed Carrots **GF, V**
 Grilled Vegetables **GF, V**
 Steamed Vegetables **GF, V**
 Vegetable Stir Fry **V**
 Sauteed Garlic Greens **GF, V**
 Pasta Salad **V**
 Romanian Eggplant Salad **GF, V**

À La Carte

Pasta

Eggplant Parmesan (serves 2ppl) **GF, V** \$18
 Meat Lasagna (serves 2ppl) \$19
 Spinach, Ricotta Lasagna (serves 2ppl) **V** \$19
 Baked Ziti Spinach & Ricotta (serves 2ppl) **V** \$19
 Ziti Bolognese (serves 2ppl) \$19
 Chs Tortellini w/ Rosée Sauce (serves 2ppl) **V** \$17

Chicken

Chicken Brochette (serves 2ppl) **GF** \$19
 Chicken Parmesan (serves 2ppl) **GF** \$19
 Honey Garlic Chicken (serves 2ppl) **GF** \$19
 Szechuan Chicken & Broccoli (serves 2ppl) \$20

Fish

Grilled Shrimp (serves 2 ppl) (6/p -16/20) **GF** \$25
 Teriyaki Salmon (serves 2ppl) **GF** \$23
 Lemon & Rosemary Salmon (serves 2ppl) **GF** \$23
 Honey Dijon Salmon (serves 2ppl) **GF** \$23

Misc

Caesar Salad dressing bottle **GF, V** \$10
 Miso Sesame dressing bottle **GF, V** \$9
 Quiche Spinach & Tom. (serves 4-6ppl) **V** \$13
 Quiche Garden (serves 4-6ppl) **V** \$13
 Quiche Spinach & Bacon (serves 4-6ppl) \$13
 Beef Chili - 1/2 litre **GF** \$8
 Vegetable Chili - 1/2 litre **GF, V** \$8
 Beef Shepherds Pie (serves 2ppl) **GF** \$17

Kid Korner

Mac n Cheese \$6
 Grilled Cheese \$5
 Spaghetti & Tomato Sauce \$6
 Mini Cheeseburger \$5

Ordering Guideline

1-Choose your main dish(es)

2- Choose your side dish(es)

3- Email your order to

info@jjssalades.com

(remember to indicate the # of people)

Pricing

1 or 2 meals

1 Main Dish + 1 Side Dish

1 Person \$20/night
 2 People \$35/night
 3 People \$45/night
 4 People \$53/night

Each additional person +\$13.25/person + tax

3 or more meals

1 Main Dish + 1 Side Dish + 1 **FREE** Green Salad

\$18/night
 \$30/night
 \$40/night
 \$48/night

Each additional person +\$12.00/person + tax

Best Value

Additional charges:

If you split your main dish +\$5/split

If you split your side dish +\$2/split

ANY modification to FREE Green Salad +\$2

Delivery Charge \$3/delivery